

Term 4, 2022 (Effective 17/10/2022). **Last day to order Wednesday 14/12/2022.**

SANDWICHES

~ Choose from White or Wholemeal Bread ~

~ Add \$0.40 to change to Roll, Sub or Wrap ~

~ Add \$0.20 to toast ~

| | |
|---|--------|
| Buttered Bread -2 Slices | \$1.50 |
| Vegemite or Jam | \$1.80 |
| Just Salad - Tomato, Lettuce, Cucumber | \$2.80 |
| Cheese | \$2.80 |
| Ham & Cheese | \$3.40 |
| Ham | \$3.10 |
| Tuna | \$3.40 |
| Roast Chicken | \$4.10 |
| Salad Pack - Container of sliced Tomato, Lettuce, Cucumber, Carrot | \$3.00 |

Add ons

| | |
|---|--------|
| Tomato Sauce, Gherkin, Mayo, Mustard | \$0.30 |
| Beetroot, Carrot, Cucumber, Lettuce, Tomato | \$0.50 |
| Cheese Slice | \$0.65 |
| Ham Slice GF | \$1.00 |
| Tuna | \$2.30 |
| Chicken | \$1.90 |

GLUTEN FREE HOT FOOD

| | |
|--|--------|
| Macaroni Cheese GF | \$5.50 |
| Chicken Tenders (2 per serve) GF | \$3.20 |
| Gluten Free Bread Roll GF | \$2.20 |
| Corn Cobette GF, V | \$0.80 |
| Hash Browns Ovals - 2 per serve GF, V | \$1.50 |
| Hot Dog Sausage Only GF | \$1.90 |
| Fried Rice GF, V | \$4.30 |
| Chicken Burger - GF Chicken Tenders on GF roll | \$4.30 |

DRINKS

| | |
|---|--------|
| Spring Water 600ml | \$1.50 |
| Plain Milk (Cup) | \$1.30 |
| Harvey Fresh Juice 250ml - Orange, Apple or Apple & Blackcurrant | \$1.50 |
| Up & Go - Chocolate or Vanilla | \$2.00 |
| Oak UHT Milk 250ml carton - Chocolate or Strawberry | \$1.80 |
| Oak Milk 300ml - Chocolate or Strawberry | \$2.00 |

| | |
|--|--------|
| Mini Muffins - various flavors | \$0.20 |
| Warm Milo | \$1.00 |
| 1/2 Nice & Joosey OR 1/2 Frozen Yoghurt Tube | \$0.25 |
| Full Nice & Joosey OR Frozen Yoghurt Tube | \$0.50 |

HOT FOOD

| | |
|--|--------|
| Corn Cobette GF, V | \$0.80 |
| Cheese Melt - Hot Cheese Roll V | \$2.90 |
| Chumbo (Hot Ham&Cheese Roll) | \$3.50 |
| Chicken Hero (Hot Chicken& Mayo Roll) | \$4.30 |
| Crumbed Fish | \$2.40 |
| Pizza - Margherita, BBQ Chicken, Ham & Pineapple | \$3.30 |
| Chicken Nuggets - 4 per serve | \$2.50 |
| Chicken Burger - lettuce & mayo | \$4.30 |
| Hamburger - tomato, lettuce & sauce | \$4.50 |
| Macaroni Cheese V | \$4.30 |
| Lasagne | \$4.30 |
| Spaghetti Bolognese | \$4.30 |
| Fried Rice GF, V | \$4.30 |
| Hash Browns Ovals - 2 per serve GF, V | \$1.50 |
| Hot Dog Sausage Only GF | \$1.90 |
| Plain Hot Dog | \$3.70 |
| 1/2 Plain Hot Dog | \$1.85 |
| Hot Dog with Tomato Sauce | \$3.90 |
| 1/2 Hot Dog with Tomato sauce | \$1.95 |
| Better Bite Sausage Roll 120g | \$3.50 |
| Better Bite Beef Pie | \$4.20 |
| Better Bite Pasty | \$4.20 |
| Better Bite Potato Pie | \$4.20 |
| Sauce - Tomato/BBQ/Mustard | \$0.30 |

SNACKS

| | |
|---|------------------|
| Fruit - Apple, other as Available | \$0.80 |
| Apple Slinky - if apple provided - if canteen provided | \$0.20 \$1.00 |
| Yoghurt - Berry or Vanilla | \$1.90 |
| Tiny Teddies - Chocolate or Hundreds & Thousands | \$0.60 |
| Medium Muffin *when available* | \$2.30 |
| Cool Pak Popcorn GF | \$0.40 |
| Fruit Nuggets GF | \$0.80 |
| Mamee Noodles BBQ or Chicken | \$0.60 |
| Corntos BBQ or Cheese GF | \$0.80 |
| Mamee Rice Sticks Cheese GF | \$0.70 |
| JJ's Chicken or Pizza | \$1.20 |
| Chips or Grainwaves | \$1.20 |

COUNTER SALES ONLY

| | |
|--|--------|
| Vanilla Ice Cream Cup | \$1.00 |
| Moosies - Strawberry, Chocolate, Blue Moon | \$1.30 |
| Krazy Krush *LUNCHTIME ONLY* | \$1.70 |
| Mixed Krazy Krush *LUNCHTIME ONLY* | \$2.00 |
| Frozen Juice Cups - Terms 1 & 4 only | \$1.00 |

The Greenwith Campus Canteen has implemented the SA Government regulated RIGHT BITE HEALTHY FOOD & DRINK for SA Schools and Preschools.



masterpass

- G = Right Bite Healthy Choice
- A = Right Bite Amber Choice
- GF = Gluten Free
- V = Vegetarian
- All muffins contain egg.
- All crumbed foods may contain egg products
- Gluten Free Hot Foods and Snacks marked **GF**

The canteen does not supply sesame seed rolls however all rolls and bread may contain seeds.

*** If your child has allergies please feel free to contact the canteen to discuss products available**

Canteen Ordering Procedures

Lunch orders are to be ordered via our online Qkr app. Snack items can be purchased over the counter at recess and lunch. A balanced menu provides healthy options for students at reasonable prices.

You can also go online at: <https://qkr.mastercard.com/store/#/home> to order.

Get the Qkr App on your phone

Step 1: Download Qkr! On your Android Phone or iPhone. iPad users can download the iPhone app

Step 2: Register.

Step 3: Find our School. Search for Greenwith Primary School.

Step 4: Register your children.



The Greenwith Campus Canteen is always in need of volunteers. We run the Canteen on the charity of our dedicated and vital volunteers and even an hour of your time will make a huge difference. Please phone Natalie, on 8289 8448 if you can help

|