

The canteen has implemented the SA Government regulated RIGHT BITE HEALTHY FOOD & DRINK for SA Schools and Preschools.



# Greenwith Campus Canteen Price List



Price list effective  
Term 3 27/08 /20



**Thursday Friday Menu ONLY**  
Please note - there are no variations available to hot food

**HELP WANTED**

**The canteen is ALWAYS in need of volunteers**

Even an hour of your time would be of great benefit to us

Please contact the canteen on 82898448

Thanks, Sue

Please order lunch using Qkr on a mobile phone App or online by following the link below.

<https://qkr.mastercard.com/store/#/home>

Get the Qkr App on your phone;

**Step 1: Download Qkr!** On your Android Phone or iPhone. iPad users can download the iPhone app

**Step 2: Register.**

**Step 3: Find our School.** Search for Greenwith Primary School.

**Step 4: Register your children.**



**Last day for lunch orders: THURSDAY 24/09/20**

## GLUTEN FREE PRODUCTS

|                                 |        |
|---------------------------------|--------|
| GLUTEN FREE BEEF LASAGNE        | \$4.70 |
| GLUTEN FREE MACARONI CHEESE     | \$4.70 |
| GLUTEN FREE CHICKEN TENDERS (2) | \$3.00 |
| GLUTEN FREE BURGER ROLL         | \$2.00 |

All muffins contain egg.  
All crumbed foods may contain egg products.  
Gluten Free Hot Foods and Snacks marked **GF**

The canteen does not supply sesame seed rolls however all rolls and bread (white and wholemeal included) may contain seeds.

\* If your child has allergies please feel free to contact the canteen to discuss products available

■ - Rite Bite Healthy Choice

■ - Rite Bite Amber Choice

## SANDWICHES

|                                                                               |        |  |
|-------------------------------------------------------------------------------|--------|--|
| <b>Choose from White or Wholemeal Bread with margarine</b>                    |        |  |
| <b>Add \$0.40 to change to Roll, Sub or Wrap</b>                              |        |  |
| <b>Add \$0.20 to toast</b>                                                    |        |  |
| Buttered Bread -2 Slices                                                      | \$1.50 |  |
| Vegemite or Jam                                                               | \$1.80 |  |
| Just Salad -Tomato, Lettuce, Cucumber                                         | \$2.80 |  |
| Cheese -2 Slices                                                              | \$2.80 |  |
| Cheese Salad -1 Slice Cheese, TLC                                             | \$3.45 |  |
| Ham & Cheese -1 Slice of each                                                 | \$3.10 |  |
| Ham -2 slices                                                                 | \$3.40 |  |
| Ham Salad -1 Slice Ham, TLC                                                   | \$3.75 |  |
| Tuna                                                                          | \$3.40 |  |
| Tuna Salad -Tuna, TLC                                                         | \$4.10 |  |
| Roast Chicken                                                                 | \$4.05 |  |
| Roast Chicken Salad - Chicken, TLC                                            | \$4.65 |  |
| Salad Pack - Container of sliced<br>Tomato, Lettuce, Cucumber, Carrot         | \$2.60 |  |
| <b>Add ons</b>                                                                |        |  |
| Sauce, Pickled Onion, Gherkin each                                            | \$0.20 |  |
| Sweet Pickles, Mayo, Mustard each                                             | \$0.30 |  |
| Carrot, Beetroot each                                                         | \$0.30 |  |
| Cucumber, Lettuce each                                                        | \$0.40 |  |
| Tomato                                                                        | \$0.50 |  |
| Cheese Slice                                                                  | \$0.65 |  |
| Ham Slice <b>GF</b>                                                           | \$0.95 |  |
| Tuna                                                                          | \$1.40 |  |
| Chicken                                                                       | \$1.85 |  |
| <b>MEAL DEALS Available every day</b>                                         |        |  |
| Choose from Poptop OR M2Go OR Water + Fruit                                   |        |  |
| <b>Cob&amp;Go</b> - Corn Cobette, Yoghurt&Drink <b>GF</b>                     | \$4.30 |  |
| <b>Dairy Deal</b> - Hot Cheese Roll & Drink                                   | \$4.60 |  |
| <b>Salad Deal</b> - Salad Plate & Drink                                       | \$4.30 |  |
| <b>Chicken Super Sub</b> - Choice of Salad & Drink<br>(Add \$0.65 for cheese) | \$6.65 |  |
| <b>Better Burger</b> - Hamburger & Drink                                      | \$6.20 |  |

## See Special Gluten Free Products listed over page

|                                                  |        |  |
|--------------------------------------------------|--------|--|
| <b>Gluten Free Hot Food and Snacks marked GF</b> |        |  |
| <b>Vegetarian Hot Food marked V</b>              |        |  |
| <b>HOT FOOD</b>                                  |        |  |
| Corn Cobette <b>GF, V</b>                        | \$0.80 |  |
| Cheese Melt - Hot Cheese Roll <b>V</b>           | \$2.90 |  |
| Chumbo (Hot Ham&Cheese Roll)                     | \$3.30 |  |
| Chicken Hero(Hot Chicken& Mayo Roll)             | \$4.30 |  |
| Crumbed Fish (Add \$0.20 for Tartare Sauce)      | \$2.20 |  |
| Chicken Nuggets 4 per serve                      | \$2.40 |  |
| Chicken Burger - lettuce & mayo                  | \$4.10 |  |
| Hamburger - tomato, lettuce & sauce              | \$4.50 |  |
| Macaroni Cheese <b>V</b>                         | \$4.30 |  |
| Lasagne                                          | \$4.30 |  |
| Spaghetti Bolognese                              | \$4.30 |  |
| Fried Rice <b>GF, V</b>                          | \$4.30 |  |
| Hash Browns Ovals 2 per serve <b>GF, V</b>       | \$1.30 |  |
| Hot Dog Sausage Only <b>GF</b>                   | \$1.90 |  |
| Plain Hot Dog                                    | \$3.50 |  |
| 1/2 Plain Hot Dog                                | \$1.75 |  |
| Hot Dog with Tomato Sauce                        | \$3.70 |  |
| 1/2 Hot Dog with Tomato sauce                    | \$1.85 |  |
| Better Bite Sausage Roll 120g                    | \$3.30 |  |
| Better Bite Beef Pie                             | \$3.90 |  |
| Better Bite Pasty                                | \$3.90 |  |
| Better Bite Potato Pie                           | \$4.00 |  |
| Better Bite Pizza Pie                            | \$4.00 |  |
| <b>SAUCES</b>                                    |        |  |
| Tomato Sauce Sachet                              | \$0.20 |  |
| BBQ Sauce Sachet                                 | \$0.30 |  |
| Mustard                                          | \$0.30 |  |
| <b>SPECIAL DEALS</b>                             |        |  |
| Better Bite Sausage Roll & Just Juice            | \$4.30 |  |
| Better Bite Beef Pie & Just Juice                | \$4.90 |  |
| Better Bite Pasty & Just Juice                   | \$4.90 |  |

## DRINKS

|                                                                         |                                |  |
|-------------------------------------------------------------------------|--------------------------------|--|
| Spring Water 600ml (Small \$1.00)                                       | \$1.50                         |  |
| Plain Milk (Cup)                                                        | \$1.30                         |  |
| Just Juice 200ml - Orange, Apple<br>or Apple & Blackcurrant             | \$1.40                         |  |
| Up&Go - Chocolate, Strawberry<br>Vanilla or Banana                      | \$1.90                         |  |
| Pop Top - Apple, Orange<br>or Apple & Blackcurrant                      | \$2.20                         |  |
| M2Go Flavoured Milk 250ml -<br>Chocolate or Strawberry                  | \$2.20                         |  |
| Classic Milk 375ml -<br>Chocolate or Strawberry                         | \$2.90                         |  |
| <b>SNACKS</b>                                                           |                                |  |
| Fruit - Apple, other as Available                                       | \$0.80                         |  |
| Apple Slinky - <b>if apple provided</b><br>- <b>if canteen provided</b> | <b>\$0.20</b><br><b>\$1.00</b> |  |
| Yoghurt - Berry or Vanilla                                              | \$1.90                         |  |
| Medium Muffin *when available*                                          | \$2.30                         |  |
| Cool Pak Popcorn <b>GF</b>                                              | \$0.40                         |  |
| Fruit Nuggets <b>GF</b>                                                 | \$0.60                         |  |
| Mamee Noodles BBQ or Chicken                                            | \$0.60                         |  |
| Corntos BBQ or Cheese <b>GF</b>                                         | \$0.70                         |  |
| Mamee Rice Sticks Cheese <b>GF</b>                                      | \$0.70                         |  |
| JJ's Chicken or Pizza                                                   | \$1.10                         |  |
| Chips or Grainwaves                                                     | \$1.10                         |  |
| <b>FOLLOWING ITEMS ARE COUNTER SALES ONLY</b>                           |                                |  |
| Mini Muffin Bites - various flavors                                     | \$0.20                         |  |
| Warm Milo                                                               | \$1.00                         |  |
| 1/2 Nice N Joosey                                                       | \$0.25                         |  |
| Whole Nice N Joosey                                                     | \$0.50                         |  |
| Freeze Pop - while stocks last                                          | \$0.60                         |  |
| Vanilla Ice Cream Cup                                                   | \$1.00                         |  |
| Moosies                                                                 | \$1.20                         |  |
| Paddle Pop                                                              | \$1.80                         |  |
| Krazy Krush *LUNCHTIME ONLY*                                            | \$1.70                         |  |
| Mixed Krazy Krush *LUNCHTIME ONLY*                                      | \$2.00                         |  |