

The canteen has implemented the SA Government regulated RIGHT BITE HEALTHY FOOD & DRINK for SA Schools and Preschools.



# Greenwith Campus Canteen Price List

Price list effective Term 1 1/2/20



## SPECIAL DEAL DAYS

<b>MONDAY to FRIDAY</b> 2 MINI DIM SIM & JUST JUICE	\$2.50
<b>MONDAY to FRIDAY</b> BETTER BITE SAUSAGE ROLL & JUST JUICE	\$4.00
<b>MONDAY TUESDAY WEDNESDAY THURSDAY ONLY</b> ROCK"N"DINOSAURS (Dinosaur Shaped Chicken Nuggets & Potato Nuggets)	\$3.00
<b>THURSDAY ONLY</b> HOTDOG (SAUCE & MUSTARD NO CHARGE) & JUST JUICE	\$4.30

## GLUTEN FREE PRODUCTS

<b>GLUTEN FREE BEEF LASAGNE</b>	\$4.70
<b>GLUTEN FREE MACARONI CHEESE</b>	\$4.70
<b>GLUTEN FREE CHICKEN TENDERS (2)</b>	\$3.00
<b>GLUTEN FREE BURGER ROLL</b>	\$2.00



Please order lunch using Qkr on a mobile phone App or online by following the link below.

<https://qkr.mastercard.com/store/#/home>

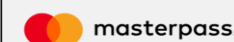
Get the Qkr App on your phone;

**Step 1: Download Qkr!** On your Android Phone or iPhone. iPad users can download the iPhone app

**Step 2: Register.**

**Step 3: Find our School.** Search for Greenwith Primary School.

**Step 4: Register your children.**



**Last day for lunch orders: WEDNESDAY 8th April**

All muffins contain egg.

All crumbed foods may contain egg products.

Gluten Free Hot Foods and Snacks marked **GF**

The canteen does not supply sesame seed rolls however all rolls and bread (white and wholemeal included) may contain seeds.

**If your child has allergies please feel free to contact the canteen to discuss products available**



**The canteen is ALWAYS in need of volunteers**

Even an hour of your time would be of great benefit to us

Please contact the canteen on 82898448

Thanks

Sue

# Right Bite Healthy Choices

LAST DAY FOR LUNCH ORDERS - Wed 8th April		
SANDWICHES		
White or Wholemeal Bread, Rolls or Wraps		
For Rolls, Sub, Wraps add 40c to Sandwich Price		
TOASTED	extra	\$0.20
Buttered Bread -2 Slices		\$1.50
Vegemite or Jam		\$1.80
Just Salad -Tomato, Lettuce, Cucumber		\$2.80
Cheese -2 Slices		\$2.80
Cheese Salad -1 Slice Cheese, TLC		\$3.45
Ham & Cheese -1 Slice of each		\$3.10
Ham -2 slices		\$3.40
Ham Salad -1 Slice Ham, TLC		\$3.75
Tuna		\$3.40
Tuna Salad -Tuna, TLC		\$4.10
Roast Chicken		\$4.05
Roast Chicken Salad - Chicken, TLC		\$4.65
Salad Pack - Container of sliced Tomato, Lettuce, Cucumber, Carrot		\$2.60
EXTRAS		
Sauce, Pickled Onion, Gherkin	each	\$0.20
Sweet Pickles , Mayo, Mustard	each	\$0.30
Carrot, Beetroot	each	\$0.30
Cucumber, Lettuce	each	\$0.40
Tomato		\$0.50
Cheese Slice		\$0.65
Ham Slice <b>GF</b>		\$0.95
Tuna		\$1.40
Chicken		\$1.85
MEAL DEALS Available every day		
CHOOSE POPTOP OR BIG M OR WATER&FRUIT		
<b>Cob&amp;Go</b> - Corn Cobette, Yoghurt&Drink <b>GF</b>		\$4.20
<b>Dairy Deal</b> - Hot Cheese Roll & Drink		\$4.50
<b>Salad Deal</b> - Salad Plate & Drink		\$4.20
<b>Chicken Super Sub</b> - Choice of Salad & Drink (Extra 65c for cheese)		\$6.55
<b>Better Burger</b> - Hamburger & Drink (Extra 65c for cheese)		\$6.10

LAST DAY FOR LUNCH ORDERS - Wed 8th April		
Special Gluten Free Products listed over page		
Gluten Free Hot Food and Snacks marked <b>GF</b>		
HOT FOOD		
Corn Cobette <b>GF</b>		\$0.80
Cheese Melt - Hot Cheese Roll		\$2.90
Chumbo (Hot Ham&Cheese Roll)		\$3.30
Chicken Hero(Hot Chicken& Mayo Roll)		\$4.25
Crumbed Fish (Tartare Sauce 20c)		\$2.20
Fish Burger - lettuce & tartare sauce		\$4.20
Chicken Nuggets 4 per serve		\$2.20
Chicken Burger -lettuce & mayo		\$4.10
Hamburger - tomato&lettuce&sauce		\$4.50
Macaroni Cheese		\$4.00
Lasagne		\$4.30
Spaghetti Bolognese		\$4.30
Vegetarian Fried Rice <b>GF</b>		\$4.30
Ham & Pineapple Pizza Slab		\$3.40
Cheese Pizza Slab		\$3.40
Meat Lovers Pizza Slab		\$3.40
Hash Browns Ovals 2 per serve <b>GF</b>		\$1.30
Hot Dog Sausage Only <b>GF</b>		\$1.70
Plain Hot Dog		\$3.30
1/2 Plain Hot Dog		\$1.65
Hot Dog with Tomato Sauce		\$3.50
1/2 Hot Dog with Tomato sauce		\$1.75
<b>Tomato Sauce Sachet</b>		<b>\$0.20</b>
<b>BBQ Sauce Sachet</b>		<b>\$0.30</b>
<b>Mustard</b>		<b>\$0.30</b>
Vili's Lite Large Sausage Roll		\$4.10
Vili's Lite Beef Pie		\$4.40
Vili's Lite Pasty		\$4.40
Better Bite Junior Pie		\$2.70
Better Bite Sausage Roll 120g		\$3.20
Better Bite Beef Pie		\$3.80
Better Bite Pasty		\$3.80
Better Bite Potato Pie		\$3.90
Better Bite Pizza Pie		\$3.90

# Select Carefully

DRINKS	
Spring Water 600ml (Small \$1.00)	\$1.50
Just Juice 200ml - Choice of: Orange, Apple, Apple/Blackcurrant	\$1.30
Plain Milk (Cup)	\$1.30
Up&Go - Choice of: Chocolate, Strawberry, Vanilla, Banana	\$1.90
Pop Top - Choice of: Apple, Orange, Apple&Blackcurrant	\$2.10
M2 Go Flavoured Milk - Choice of: Chocolate or Strawberry (250ml)	\$2.10
Chocolate or Strawberry Milk 375ml	\$2.80
SNACKS	
Fruit - Apple, other as Available	\$0.80
Apple Slinky - <b>if apple provided</b>	<b>\$0.20</b>
- <b>if canteen provided</b>	<b>\$1.00</b>
Yoghurt - Berry or Vanilla	\$1.90
Medium Muffin Chocolate or Blueberry	\$2.20
Cool Pak Popcorn <b>GF</b>	\$0.40
Fruit Nuggets <b>GF</b>	\$0.60
Mamee Noodles BBQ or Chicken	\$0.60
Cornitos BBQ or Cheese <b>GF</b>	\$0.70
Mamee Rice Sticks Cheese <b>GF</b>	\$0.70
JJ's Chicken or Pizza	\$1.10
Chips or Grainwaves	\$1.10
FOLLOWING ITEMS ARE COUNTER SALES ONLY	
Mini Muffin Bites - Flavours as available	\$0.20
Warm Milo	\$1.00
1/2 Nice N Joosey	\$0.25
Whole Nice N Joosey	\$0.50
Freeze Pop	\$0.80
Vanilla Ice Cream Cup	\$1.00
Moosies	\$1.20
Paddle Pop	\$1.70
LUNCH ONLY	
Frozen Juice Cup	\$1.00
Krazy Krush	\$1.70
Mixed Krazy Krush	\$2.00